

FOR IMMEDIATE RELEASE

INAUGURATING MAKE-OVERS FROM THE INSIDE OUT

OTTAWA, ONTARIO, January 21, 2009: Hope and a steady progressive ox have moved into the White House. Born in the Ox year (as is 2009, beginning January 26th), little wonder that the President's inaugural speech called for a new spirit, one that re-creates society through values such as responsibility, mindfulness and humility. These key auspicious attitudes are amongst those highlighted in a new book being released this week, *Feng Shui with Attitude! Jump-Start Your Joy**.

If we are to weather the current unsettling economic crisis, we must all trade in our low energy values for higher ones that resonate with the President's new leadership consciousness. Our own inner thoughts of greed, fear, competition, scarcity and the like have created the conditions that are now collapsing. Only inner redesign of willing hearts can propel us towards the economic justice of the President's new vision. Ms. Binder Hauck's new book provides a blueprint for remodeling our own corner of the world, starting with ourselves – the ultimate interior design challenge.

“Generosity is the spiritual equivalent of decluttering” says Feng Shui expert Ingrid Binder Hauck. “It is a metaphysical paradox that the more that we empty ourselves and give to others, the more we attract into our own lives.”

By focusing on what you can give, whether it is your time, knowledge, possessions, or your open heart, your circumstances change. As millions of people embrace a new spirit of generous service, grounded in an atmosphere of trust, new modes of prosperity can emerge. So as we celebrate President Obama's good fortune and a more hopeful future, let's all pledge to give more generously of ourselves throughout this ground-breaking inaugural year. Peace of mind and prosperity depend on it.

For more information, please contact:

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*Media are invited to attend the launch event on Sunday, January 25, 2009 (3-5 pm) at the Rockcliffe Park Community Center, 380 Springfield Road, Ottawa.